

### **CFN Conference**, 23.6.2011

## Leadership and being a Beacon

## A challenge in testing times

James Partridge OBE
Founder and Chief Executive
Changing Faces







## Living with a disfigurement: the issues

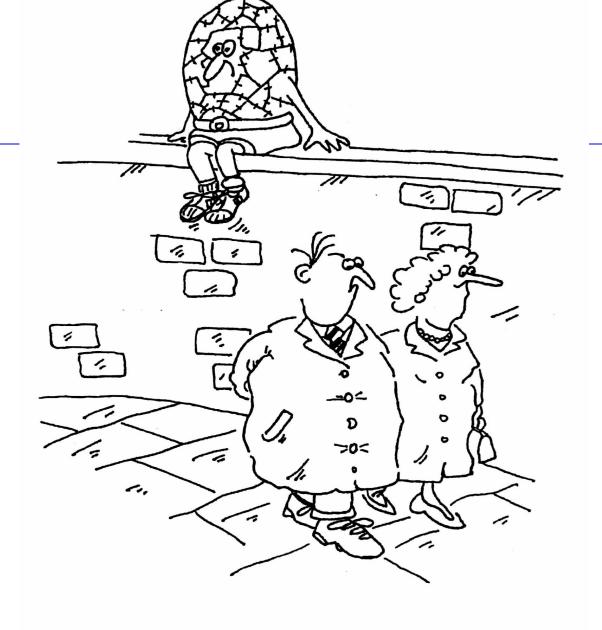
#### Common to all:

- INTRA-PERSONAL: low self-esteem in 'good looks' culture; prevailing belief that good looks and success go together; links with baddies, low IQ etc
- INTER-PERSONAL: self-confidence challenged in dealing with other people's reactions; many problems can be traced back to social interaction difficulties (eg: staring, teasing, comments, questions, playgrounds, school, public places, strangers, relationships, employment)

People experience a loss of "civil inattention that most people take or granted" and yet also a sense of isolation

- MEDICAL: unresolved questions about medical/surgical choices/access
- ALL VULNERABLE TO: exclusion, ridicule, stigma, social isolation, depression
- LACK OF HELP: poor access to and lack of psycho-social help in NHS, school and work





"It's remarkable what modern surgery can do!"



# **CHANGING FACES** today

**Mission:** To create and work for a better and fairer future for people of all ages with disfigurements from any cause in the UK and around the world

#### **Changing Lives**

promoting self-esteem and confidence

- by offering practical advice, emotional support and social skills training
- by making this help available in self-help format (eg: via the website) and through Changing Faces Practitioners

#### **Changing Minds**

promoting fairness and face equality for everyone

- by raising public awareness, promoting inclusive schools and workplaces
- •lobbying for antidiscrimination legislation and better mental health/psycho-social care



#### **CHANGING LIVES**

- We aspire to have teams of Changing Faces Practitioners in regional settings and within the NHS
- They will be trained by *Changing Faces* to deliver the FACES package which helps people (and families) adjust by:
  - F FINDING OUT about their condition and its treatment
  - A ATTITUDE developing a positive outlook/beliefs
  - C COPING with their feelings including anxiety, anger, loss
  - E EXCHANGING experiences with others
  - S SOCIAL SKILLS TRAINING to manage others' reactions

Changing Faces, Registered Charity 1011222, www.changingfaces.org.uk



### **CHANGING MINDS**

#### The Face Equality campaign aims to:

- 1. Raise awareness of unconscious facial prejudices
- 2. Provide new information, familiarity and ideas
- 3. Challenge key audiences who may perpetuate these prejudices to change
- 4. Strengthen the anti-discrimination legislation

#### It is targeted at key audiences:

- The general public posters, social networking
- Employers 'Face Equality at Work'
- Schools
- Health system
- Media, film and art
- Policy-makers and opinion-formers



To anyone who looked at me and thought I'd never have the confidence to do anything look at me now



Changing Solution the way you face disfigurement

See why Max chose to star in our face equality campaign at ww.changingfaces.org.uk

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Show your support for face equality.

our face equality

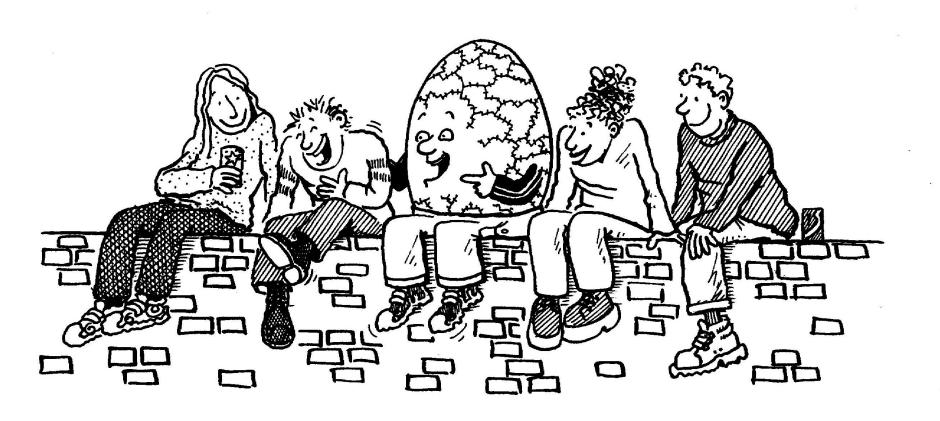
w.changingfaces.org.uk







# Our vision: confident people living in a society that embraces face equality





# Leadership

- Background to my leadership skills
- Social entrepreneurship with an evolving strategy
- Leadership characteristics for leading
  - the cause
  - the charity
  - the team



## **Being a Beacon**

- The joys
- The isolation
- The challenge



# **Testing times**

Today's challenges in leading in

- the cause
- the charity
- the team



## How to contact Changing Faces

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- Website: <u>www.changingfaces.org.uk</u>
- We rely entirely on voluntary donations and grants...
- Write to: jamesp@changingfaces.org.uk